



## Medavie Full Marathon (42.2KM)

## All races start on Cogswell St, near the Cogswell Roundabout

- Start on Cogswell St, near the Cogswell Roundabout
- Enter Cogswell Roundabout
- Exit roundabout left on North Park St
- Enter Cunard Roundabout
- Exit Roundabout straight on Agricola St
- Right on North St
- Continue onto the A. Macdonald Bridge
- Continue on Nantucket Ave
- Continue on School St
- Right on Slayter St
- · Left on Thistle St
- Right on Maple St
- Left On Dahlia St
- Left on Crichton Ave
- · Right on Glen Manor Dr
- Continue onto Micmac Blvd
- Right on Brookdale Crescent
- Left on Trans Canada Trail
- Follow Trail around Lake Banook
- Exit Trail at Nowlan St
- Continue on Prince Albert Rd
- Continue on Ochterloney St
- Right on Maple St
- Left on Thistle St
- · Right on Slayer St
- Left on School St
- Continue on Nantucket Ave
- Continue onto the A. Macdonald Bridge
- Continue on North St
- Right on Agricola St
- Left on Hillside Ave
- Right on Rosemeade Ave
- Right on Leeds St
- · Right on Novalea Dr
- · Right on Duffus St
- Left on Isleville St
- · Left on Hennessey Pl (south lane)
- · Left on Novalea Dr
- Right on Kenny St
- · Right on Devonshire Ave
- Right on Barrington St crossing over to pedestrian way and continuing along water side
- Left on MacDonald Bridge Bikeway
- · Follow pedestrian trail along Barrington St
- Cross roundabout on Barrington St
- Continue on Barrington St on pedestrian trail/sidewalk
- Left on Reconciliation Way
- · Right on Hollis St
- Cross Hollis St & Upper Water St at Crosswalk by Baton Rouge
- Right on Boardwalk after The Lower Deck
- Follow boardwalk along waterside

- Exit boardwalk right on Marginal Rd
- Continue on Terminal Rd
- · Left on Hollis St
- Left on Barrington St (near Atlantic Superstore)
- · Right on Inglis St
- · Left on Young Ave, facing traffic with median on right
- Left on Point Pleasant Dr
- Enter Point Pleasant Park near Park Place Theatre
- Straight on Sailors Memorial Way
- · Slight left at fork onto Arm Rd
- Right on Cable Rd
- Right on Serpentine Rd
- Continue straight on Maple Rd
- Right on Cambridge Dr
- Left on Heather Rd
- Left on Prince of Wales Dr
- Left on Ogilvie Rd
- Right on Cambridge Dr
- Left on Point Pleasant Dr
- Left on Franklyn St to U-turn on Franklyn St near Balmoral Rd
- Right on Pine Hill Dr
- Right on Tower Rd
- Left on Ogilvie St
- Left on Young Ave, facing traffic with median on right
- Continue straight on South Park St
- · Continue straight on Bell Rd
- Right on Ahern Ave
- Enter Cogswell Roundabout
- · Exit roundabout straight on North Park St
- Enter Cunard Roundabout
- Exit roundabout straight on Agricola St
- · Continue on Agricola St
- Left on Hillside Ave
- · Right on Rosemeade Ave
- · Right on Leeds St
- Right on Novalea Dr
- Right on Duffus St
- Left On Isleville St
- · Left on Hennessey PI (south lane)
- Left on Novalea Dr
- · Right on Kenny St
- Right on Devonshire Ave
- Right on Barrington St (coned lane on Barrington Street)
- · Right on North St
- · Left on Agricola St
- Enter Cunard Roundabout
- Exit roundabout straight on North Park St
- Enter Cogswell Roundabout
- Exit roundabout right on Cogswell St
- Listen as the announcer calls your name as you FINISH!