

ROUTE DESCRIPTION



GoodLife Fitness 10KM

Sunday, May 17th, 2020

Start Time: 8:20 am

- Straight on Sackville St
- Left on South Park St
- Right on Spring Garden Rd
- Right on Summer St
- Straight on Trollope St
- Enter Cogswell St roundabout, with flow of traffic
- Exit roundabout on Cogswell St (outbound)
- Right on Robie St
- Right on Cunard St
- Enter Cunard St roundabout, with flow of traffic
- Exit roundabout on Agricola St
- Right on North St
- Left on Northwood Terr
- Left on Bloomfield St
- Right on Isleville St
- Right on Drummond Ct
- Left on Leaman St
- Left on Normandy Dr
- Left on Rosemeade Ave
- Left on Hillside Ave
- Right on Agricola St
- Enter Cunard St roundabout, with flow of traffic
- Exit roundabout on North Park St
- Enter Cogswell St roundabout, with flow of traffic
- Exit roundabout on Cogswell St (inbound)
- Right on Gottingen St
- Right on Brunswick St
- Proceed to the finish line!
- Listen as the announcer calls out your name as you FINISH!