

# ROUTE DESCRIPTION



## BOYNECLARKE LLP 15KM

Sunday June 9, 2019

**Start Time: 8:20 am**

Runners, then Walkers and then Nordic Pole Walkers

- Right on Bell Rd
  - Right on Ahern Ave
  - Enter Cogswell Roundabout
  - Exit Roundabout on North Park St
  - Enter Cunard Roundabout
  - Exit Roundabout on Agricola St
  - Left on Hillside Ave
  - Right on Rosemeade Ave
  - Right on Leeds St
  - Right on Leaman St
  - Right on Drummond Ct
  - Left on Isleville St
  - Left on Hennessey Pl (south lane)
  - Left on Novalea Dr
  - Right on Kenny St
  - Right on Devonshire Ave
  - Right on Barrington St (entering closed traffic lane)
  - Left on Valour Rd
  - Left on Upper Water St (staying on east side)
  - Straight over Cogswell St Interchange
  - Left on second exit ramp on Barrington St
  - Proceed south on exit ramp
  - Straight on Hollis St
  - Left on Barrington St (near Atlantic Super Store)
  - Right on Inglis St
- Left on Young Ave (facing traffic with median on right)
  - Right u-turn at Young Ave and Atlantic St Intersection (you are now heading north on Young Ave facing traffic with median on right)
  - Straight on South Park St
  - Straight onto Bell Rd
  - Right on Ahern Ave
  - Enter Cogswell Roundabout
  - Exit Roundabout on Cogswell St Inbound
  - Right on Brunswick St
  - Listen as the announcer calls your name as you FINISH!