

ROUTE DESCRIPTION



GoodLife Fitness 10KM

Sunday June 9, 2019

Start Time: 8:45 am

- Straight on Sackville St
- Right on Bell Rd
- Right on Ahern Ave
- Enter Cogswell Roundabout
- Exit Roundabout on North Park St
- Enter Cunard Roundabout
- Exit Roundabout on Agricola St
- Left on Hillside Ave
- Right on Rosemeade Ave
- Right on Leeds St
- Right on Leaman St
- Right on Drummond Ct
- Left on Isleville St
- Left on Hennessey Pl (south lane)
- Left on Novalea Dr
- Right on Kenny St
- Right on Devonshire Ave
- Right on Barrington St (entering closed traffic lane)
- Left on Valour Rd
- Left on Upper Water
- Right on Cogswell St (heading west)
- Left on Brunswick St
- Listen as the announcer calls your name as you cross the Finish Line!