



Happy National Volunteer Week!

Thanks for volunteering and giving us the most precious thing you will ever own – your time and talent.

This week we celebrate you! Without the help of you – and thousands of others – we wouldn't be where we are today.

We had so much fun the last time we were together and we look forward to seeing you again this year!

Volunteer registration is now open! [Click here to register!](#)

We look forward to seeing you, only 35 days until #BlueNose2016!

~ Your friends at the Scotiabank Blue Nose Marathon



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