

ROUTE DESCRIPTION

**GoodLife Fitness 10KM**

Sunday May 20, 2018

Start Time: 8:05 am

- Start on Sackville St, near Queen St
- Right on Bell Rd
- Right on Ahern Ave
- Continue on North Park St
- Continue on Agricola St
- Right on North St
- Continue onto the A. Macdonald Bridge (staying right of cones)
- Right on Wyse Rd
- Left on Windmill Rd
- Right on Geary St
- Right on Shore Rd
- Right on Lyle St
- Left on Windmill Rd
- Right on Jamieson St
- Left on Rosedale Dr
- U-Turn on Rosedale Dr
- Left on Jamieson St
- Right on Wyse Rd
- Right onto the A. Macdonald Bridge (staying right of cones)
- Continue on North St
- Left on Gottingen St
- Left on Cogswell St (staying right of median)
- Right on Brunswick St (staying left of cones)
- Proceed to the finish line!
- Listen as the announcer calls your name as you FINISH!